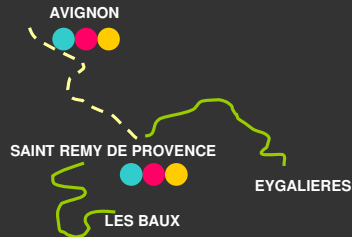


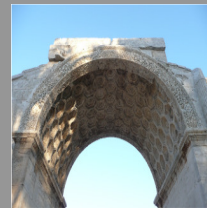


MAP OF FRANCE

PROVENCE REGION



LES BAUX DE PROVENCE



CLASSIC TOUR

** Hotel Garlande in Avignon
<http://www.hoteldegarlande.com>

** Hotel du Soleil in Saint Remy de Provence
<http://www.hotelsoleil.com>

PROVENCE WALK 4 NIGHTS / 5 DAYS

The Alpilles and St Remy de Provence

Day 1 : Avignon

Upon your arrival you will be picked up and transferred to your first hotel in the centre of Avignon. You'll have time to relax and explore. Avignon was already important by the 12th century, but with the arrival of the Popes in the 14th century, the city became a second Rome. Going through any of the seven doors of the superbly preserved ramparts, you will discover the city of the Popes. The Palace of the Popes (a UNESCO Heritage site, as is the Avignon bridge), is the largest Gothic palace in Europe. Nearby is the Petit Palais Museum which houses an outstanding collection of Italian and Provençal paintings from the late 13th to the early 16th centuries.

Day 2 : Chapelle St Gabriel to St. Remy de Provence 17 km

After a delicious breakfast and a meeting with our Trip Manager, a very short transfer takes you to the outskirts of the town of Tarascon, to the 12th century Romanesque St Garbeil Chapel. This pretty spot sets the tone for your walk, with beautiful vistas to the Camargue and Rhone Valley, as well as on to the Alpilles mountains. Though long, the walk is not very difficult, so you can really enjoy the day, through pretty Provençal villages and then into St. Remy itself. Dinner tonight included.

Day 3 : Eygalieres to St Remy 12 km

Your walk today starts by a 12th century chapel just outside of Eygalieres, a charming little town on the plains by the Alpilles mountains. Your walk will take you on relaxed terrain through olive groves and wonderful vineyards (of course there are opportunities to stop for a tasting!) before arriving in St. Remy at the end of the day. It is in St Remy that Vincent Van Gogh was incarcerated in the Saint Paul hospital for a year (and where he completed an astounding 150 paintings!). There are Roman archeological sites that are worth seeing on the site of Glanum; but you may just decide to enjoy St. Remy as the locals do: sitting in one of the many cafes under the shade of a plane tree, and watching life go by...

Day 4 : Les Baux de Provence 9 km

today is your shortest day, to allow you time both to explore Les Baux and St Remy itself. You have a short transfer after breakfast to Les Baux. Your walk is spectacular, with the impressive rock formations of these mini-mountains as your backdrop, and starting in the Medieval village of Les Baux de Provence. This fortified village, with its spectacular panorama, is worth some time: visit the chateau, and the many winding streets and shops, and don't miss the nearby sound and light show presented in one of the old (and massive) bauxite mines of the area, before heading downhill back into St. Remy itself. Your final dinner tonight is included

Day 5 : Departure - Bon Voyage!

After breakfast, we transfer you back up to Avignon train station for further travels.

CLASSIC + TOUR

*** Hotel De L'Horloge in Avignon
<http://www.hotel-avignon-horloge.com>

*** Mas des Carassins Saint Remy de Provence
<http://www.masdescarassins.com>

DELUXE TOUR

**** Hotel Europe in Avignon
<http://www.heurope.com>

***** Hostellerie Vallon de Valrugues in St Remy
<http://www.vallondevalrugues.com>